

PROVISIONS

BREAKFAST

AVOCADO TOAST Tomato, Carrot, Pumpkin Seeds, Cilantro	10.99	CRÈME BRULEE FRENCH TOAST Served Warm With Orange Glaze	8.99
SUMMER TOMATO TOAST Cream Cheese, Herbs, Extra Virgin Olive Oil	9.99	PEARL SUGAR WAFFLES Served Warm	
BAGEL & Smoked Salmon, Capers, Red Onion & Tomato	11.99	MAPLE & BUTTER Topped With Cinnamon Sugar	6.99
Tomato, Cucumber, Green Pepper, Red Onion	9.99	STRAWBERRIES & CREAM Sliced Almonds	7.99
BUILD YOUR OWN Make It Just The Way You Like It!		FRUIT LOOPS Blueberries, Whipped Cream	7.99
OATMEAL	8.99	FLUFFERNUTTER Peanut Butter or Almond Butter	8.99
MARKET FRUIT	5.99	MUFFIN TIN OMELETS Smoked Bacon & Cheddar	6.99
YOGURT PARFAIT	8.99	Spinach, Onion & Tomato, Egg White	6.99
SMOOTHIE BOWLS Blended Fruits With Fun Toppings		CHILAQUILES	12.99
BERRY - COCONUT Banana, Yogurt, Granola, Honey	9.99	Traditional with Egg or Roasted Chicken	
ACAI - PINEAPPLE Blueberry, Coconut, Almond Milk	9.99	Served With Mashed Avocado, Queso Fresco, Sour Cream & Cilantro	
ACAI - BANANA Strawberry, Blueberry, Flax	9.99	BURRITOS	
		Sausage, Cheddar & Avocado	12.99
		Roasted Chicken, Salsa Roja, Queso Fresco, Avocado	12.99

PROVISIONS LEGACY BREAKFAST SANDWICH

Served On Ciabatta Roll, Boarshead Cheddar

Egg & Cheese	9.99
Egg, Cheese, & Sausage	10.99
Egg, Cheese & Bacon	10.99

PROVISIONS

FRESH MEATS

1/2 Pound Steak Burgers
6 oz Filet
14 oz Ribeye Steaks
Bone in Pork Chops
Marinated Beef Tips

SEAFOOD

Salmon Filet with Herb Butter
6 oz Yellowfin Tuna Steaks
Maryland Crab Cakes
6 oz Lobster Tails, Shell On
Raw Peeled and Deveined 16/20 Shrimp
Cooked Cocktail Shrimp

Smoked Salmon Available. Requires Advanced Notice

POULTRY

Marinated 6 oz Chicken Breast
Chicken Wings
3 lb. Whole Chicken

OLIVES

Mixed Black & Green with Antipasta Seasoning
Pitted Green with Tangerine & Chili

PROVISIONS DELI SALAD

Coleslaw
Antipasto Pasta
Large Cous Cous with Orange & Mint
Cucumber & Tomato Salad
Black Bean & Corn with Chipotle

PROVISIONS

LUNCH

WALDORF STYLE CHICKEN SALAD SANDWICH 12.99
Rotisserie Chicken, Grapes, Celery, Tomato & Lettuce

SICILAIN STYLE TUNA SALAD SANDWICH 13.99
Sundried Tomato, Olives, Red Onion, Parsley, EVOO

CLASSIC ITALIAN HOAGIE (COLD OR HOT) 14.99
Provolone, Salami, Ham, Lettuce, Tomato & Banana Peppers

B. L. T. A 13.99
Applewood Smoked Bacon, Mashed Avocado

CAPTIVA VEGGIE STACK 12.99
Avocado, Feta, Romaine, Spinach, Tomato, Cucumber
Pickled Peppers, EVOO & Vinegar

DELI SANDWICH
Lettuce, Tomato, Your Choice of Cheese & Meat

Tavern Ham	12.99	Cheddar
Oven Gold Turkey	12.99	White American
Sweet B's Honey BBQ Chicken	13.99	Swiss
Smoke Master Black Forest Ham	14.99	Provolone
Peppermill Turkey	13.99	Pepperjack
Roast Beef	14.99	

SMOOTHIE BOWLS
Blended Fruits With Fun Toppings

BERRY - COCONUT Banana, Yogurt, Granola, Honey 9.99
ACAI - PINEAPPLE Blueberry, Coconut, Almond Milk 9.99
ACAI - BANANA Strawberry, Blueberry, Flax 9.99

TODAY'S SOUP 8.99
Served Warm With Bread & Crackers

TOASTIES
Thinly Sliced & Crispy

MEDIODIA Roasted Pork, Ham, Swiss, Pickles 13.99
HAM & SWISS Creole Mustard Aioli 13.99
GRILLED CHEESE American, Provolone, Swiss 12.99
CHICKEN CORDON BLEU 13.99
Rotisserie Chicken, Ham, Provolone, Herb Mayo
PASTRAMI REUBEN 1000 Island, Sauerkraut, Swiss 14.99

ROASTED PORK SANDWICH 12.99
Vinegar Peppers, Provolone, Onion & Mustard

FROM THE OVEN
BBQ Pulled Pork, Onion, Coleslaw 12.99
Blazing Buffalo Chicken Sausage "Bomber" 11.99
Nashville Hot or Not Chicken, Sweet Pickles & Slaw 12.99

BUILD YOUR OWN SNACK TRAY	10.99	Olives, Marinated Cheese, Hummus, Feta Spread, Fresh Fruits, Nuts, Dried Fruits, Vegetables
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